

**How To Write to a Penpal**

* The first letter doesn't need to be too long. It is just a way to introduce yourself and a way to get the conversation started.
  + Include things such as….
    - What's your name? (First name only)
    - Age?
    - Family size?
    - Hobbies?
    - Interests?
    - Pets?
    - Some of your favorite things?
    - Things that have been difficult? Things that have helped you recently?
    - Why do you want a penpal?
* Make sure to always ask questions. This gives them something to respond to.
* Always tell the truth
* Finish your letter in a way that leaves things open and invites a reply. For example, “I look forward to getting to know you better and I hope to hear from you soon”.
* Sign off with something cheerful that promotes friendships , e.g. “Your friend” or “Kind regards” and then your first name.

***RULES***

* No flirting
* No discussion of violence
* No sexual conversations
* No discussion of drugs
* No sharing of personal information-First names only

-No finding each other on social media

\*You will receive a warning if these rules are broken and asked to rewrite the letter.

* Have FUN! This is your time to be yourself and learn how to connect with others. You will find that others may be experiencing similar things. You are not alone!
* **Start your first letter and mail it to the address below...**



***Write all letters to:***

Family Solutions Counseling

ATTN: Pen Pal Program

115 Golf Course Road Suite E

Logan,UT 84321

If you have any questions or concerns, please contact our office 435-799-5035